



## Fall Sports Start-Up Information

Please contact the coaches listed below if you have specific questions about the upcoming season.

Please direct updated physicals to Aaron Hall [ahall@gastonday.org](mailto:ahall@gastonday.org)

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### **BOYS' & GIRLS' CROSS COUNTRY**

Varsity Cross Country

Contact: Jeff Colyer ([jlcjkc@gmail.com](mailto:jlcjkc@gmail.com))

First Tryout/Practice: Monday, August 1: 8:00-9:30 AM

Middle School Cross Country

Contact: Jeff Colyer ([jlcjkc@gmail.com](mailto:jlcjkc@gmail.com))

First Tryout/Practice: Monday, August 8: 8:00-9:30 AM

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### **GIRLS' GOLF**

Varsity Girls' Golf (Schedule still being created)

Contact: Anne Brooks ([Ab6801@hotmail.com](mailto:Ab6801@hotmail.com))

First Tryout/Practice: Tuesday, August 2: 3:30-6:00 PM (at Gaston Country Club)

\*Girls in the 7th-12th grades are eligible for this team.

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### **BOYS' SOCCER**

Varsity Boys' Soccer

Contact: Greg Lekavich ([glekavich@gastonday.org](mailto:glekavich@gastonday.org))

First Tryout/Practice: Monday, August 1: 8:00-11:00 AM

Middle School Boys' Soccer

Contact: Collins Few ([cfew@gastonday.org](mailto:cfew@gastonday.org))

First Tryout/Practice: Monday, August 8: 8:00-10:00 AM

## **GIRLS' TENNIS**

Varsity Girls' Tennis

Contact: Erik Ibsen ([erikibsen@yahoo.com](mailto:erikibsen@yahoo.com))

First Tryout/Practice: Monday, August 8: 3:00-5:00 PM (at Racquet Club of Gastonia)

\*Girls in the 7th-12th grades are eligible for this team.

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## **GIRLS' VOLLEYBALL**

Varsity Volleyball

Contact: Derek Bing ([bingderek@gmail.com](mailto:bingderek@gmail.com))

First Tryout/Practice: Monday, August 1: 8:00-10:30 AM

JV Volleyball

Contact: Lily Chapman ([lchapman3839@ucumberland.edu](mailto:lchapman3839@ucumberland.edu))

First Tryout/Practice: Monday, August 1: 8:00-10:30 AM

Middle School Volleyball

Contact: Tasia Nolan ([nolan.tasia11@gmail.com](mailto:nolan.tasia11@gmail.com))

First Tryout/Practice: Monday, August 8: 3:15-5:00 PM